

**Hadis Elyaderani**  
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**Education**

**Doctor of Philosophy, Community Health, 2022**

Dissertation Title: “The Impact of Sugar-Sweetened Beverage Marketing in Grocery Store Environments on the Nutritional Behavior of Young Immigrant Children”  
Wayne State University, Detroit, MI

**Master of Sciences, Health Care Administration, 2016**

Thesis Title: “Nosocomial Infections Control”  
Research and Sciences University, Tehran, Iran

**Bachelor of Sciences, Health Care Administration, 2003**

Graduation Project: “Participatory Management in Hospitals”  
Medical Sciences University of Esfahan, Iran

**Teaching Experiences**

**Tenure-Track Assistant Professor, Department of Public Health and Human Services  
University of South Carolina-Beaufort, Bluffton, August 2022 to Present**

Responsible for creating curriculum, syllabus, and teaching in-person and online  
Advising students and providing direction and materials for the courses  
-Chronic Disease and Risk Reduction (2sections, online and in-person)  
-Health Promotion Across the Lifespan (2sections, online and in-person)

**Wayne State University, College of Education, Detroit, MI  
Graduate Teaching Assistant, August 2018 to 2022**

Responsible for creating and co-creating curriculum and syllabus, delivering the online, in-person, and hybrid courses to graduate and undergraduate students through Canvas platform, grading assignments, providing direction and materials for the course  
-Health Psychology  
-Advancing Policy in Community Health Education  
-Measurement & Evaluation in Community Health Education  
-Research Method in Public Health  
-Dynamic of Personal Health

**Research and Science University, School of Public Health, Tehran, Iran  
Graduate Tutor, September 2014- August 2016**

Responsible for course reciting and providing direction for the course  
-Health Strategic Management and Program Planning  
-Foundation of Health and Health Promotion  
-Health Care Organization and Management

**Medical Sciences University, School of Public Health, Esfahan, Iran  
Undergraduate Tutor, October 2000- August 2003**

Responsible for course reciting and providing direction for the course  
Physiology  
Medical Terminology & Epidemiology

## **Research Experiences**

### **Wayne State University, College of Education, Detroit, MI Research Assistant, August 2018 to present (on-going)**

#### **Employee Wellness Program**

Serving as one of the primary grant writers for community health promotion grant(Ford Motor Company)  
Designing and developing wellness assessment tools  
Creating wellness modules: Emotional, Physical, Cultural, Environmental, Occupational, Financial, Social Wellness, Healthy Nutrition program  
Conducting health assessment, biometric screenings, and health coaching for the employee of the Detroit grocery stores  
Collecting qualitative and quantitative data using intercept surveys, 1:1 interviews with grocery staff and owners  
Analyzing multi-level quantitative data points and reporting out on findings using SPSS  
Analyzing qualitative data and reporting out on findings using ATLAS-TI  
Collaborating with community members, local grocers, and stakeholders to facilitating the project  
Mentoring undergraduate and graduate student assistants

#### **Great Grocer Project**

Developed an enhanced version of the Nutrition Environment Measures Survey (NEMS) for Sugar Sweetened Beverages (NEMS-SSB)  
Developed customer and staff survey using Qualtrics  
Collecting qualitative and quantitative data using intercept surveys, 1:1 interview, focus group, NEMS assessment, and environmental exam.  
Analyzing multi-level quantitative data points and reporting out on findings using SPSS  
Analyzing qualitative data and reporting out on findings using ATLAS-TI  
Serving as an author and co-author on different manuscripts(published and in- progress)  
Working with community members, local grocers, and stakeholders to facilitating the project  
Assisting in developing and implementing healthy checkouts and Healthy Food Marketing Initiative within the grocers of the Metropolitan Detroit  
Mentoring undergraduate and graduate student assistants

#### **Best Food Forward**

Providing multiple nutrition supports and interventions (school meal program) to improve family food security (FS) and health outcomes associated with FS within two metropolitan Detroit school districts  
Conducting multilevel evaluation through surveys, biometric screenings, focus groups, and observations among a random sample of caregiver–child dyads at three time points: preintervention, postintervention pre-COVID-19, and postintervention post-COVID-19  
Conducting health coaching for the elementary  
Analyzing quantitative and qualitative data using SPSS and ATLAS TI  
Serving as a co-author on different manuscripts (in- progress)  
Mentoring undergraduate and graduate student assistants

### **Wayne State University, College of Education, Detroit, MI Graduate Research Assistant, August 2018 to 2022**

#### **Physical Literacy and Nutrition Education Aug20-Aug21**

Examining the validity and the reliability of the nutritional curriculums  
Providing proper healthy nutrition assessment tools

Promoting healthy eating behavior among ASD children through teaching healthy nutrition lessons and healthy cooking demonstrations to parents

**Healthy Dearborn Program** Jan 2019-Jan 2021

Actively participating in coalition and research meetings  
Working collaboratively with healthy restaurants and healthy grocers action groups to develop annual strategic plans and healthy interventions  
Improving community health through implementing smart and healthy activities within the restaurants and grocers(healthy menus, trilingual healthy recipes boxes for the grocers, healthy food tours, healthy food marketing).

**Community Health Pipeline** Jan 2019-Aug 2019

Working collaboratively with department faculties and staff to implement the program Designing and implementing healthy nutrition modules and activities for youth Collecting data using surveys, 1-1 interviews, and focus groups  
Mentoring students within their summer and career development program placements

**Double Up Food Bucks Program** Aug 2018-Jan 2019

Working collaboratively with faculties and staff of the department to implement the program  
Collecting quantitative data using survey (Qualtrics)

**Wayne State University, Center for Urban Studies, Detroit, MI**  
**Student Research Assistant, March 2019- August 2022**

**Early on Michigan Program**

Working collaboratively with faculties and student assistants to conduct an evaluation  
Collecting data (phone interview with parents of children with special needs)

**Detroit Healthy Homes Program (Lead and Fire Protection)**

Collecting (phone interview with Detroit residents)  
Data cleaning, auditing, and analyzing

**Wayne State University, School of Social Work, Detroit, MI**  
**Student Research Assistant, March 2019- June 2019**

**Violence Prevention Youth Empowerment Solutions for Teens Healthy Relationship (YES-HR)**

Collecting data through administering group survey  
Conducting Focus Groups  
Actively assisting with program implementation and evaluation  
Empowering youth by providing positive youth development curriculums  
Mentoring middle and high school students

**Wayne State University, Medical School, Detroit, MI**  
**Student Research Assistant, January 2019-March 2019**

**Nonverbal Synchrony as a Behavioral Marker of Patient and Physician Racial Attitude and Predictor of Outcomes of Clinical Interactions**

Investigate nonverbal synchrony in both racially concordant and racially discordant video-recorded cancer clinical interactions using objective automated software that continuously monitors the synchrony of movement between the patient and the physician

**Research and Science University, School of Public Health, Tehran, Iran  
Principal Investigator, September August 2015- August 2016**

**Master's Thesis Research: Hospital infection control**  
Developing data collection tools (survey, interview guideline)  
Conducting a mixed methods formative needs assessment  
Implementing semi-structured interviews with nurses  
Qualitative and quantitative data analysis

**Iran Medical Sciences University, Tehran, Iran (project manager)**

**Challenges Related to Retention of General Physicians in Rural Areas**  
Collaborating with community stakeholders to advance the project  
Facilitating communication of project  
Leading and mentoring five student assistants  
Monitoring Project Progress and Set Deadlines  
Adapting and tailoring the interview guideline and questions  
Collecting and analyzing qualitative data (interview with physicians)  
Authoring the manuscript

**Medical Sciences University, School of Public Health, Esfahan, Iran  
Principal Investigator, January 2003 - May 2003**

**Graduation Research Project: Participatory Management in Hospitals**  
A comprehensive project that employed development of qualitative and quantitative data collection tools, analysis, and manuscript writing to recognizing impeders and motivators for participating in sessions with suggestions for improving quality of health care and services.

### **Other Professional Experience**

**University of Michigan, Early Childhood Development Center, Flint, MI**

**Teaching Assistant, November 2016- August 2018**

Toddler and pre-school teacher

**Dena Hospital, Shiraz, Iran  
Health Educator, May 2005- September 2016**

Responsible for  
Need assessment, planning, implementing, evaluating of annual health education and health promotion programs for patients(international and domestic), visitors, staff, and the community  
Managing and administrating the community health screening events, such as obesity, hypertension, Type II Diabetes, cigarette smoking

**Quality Manager, May 2005- September 2016**

Responsible for  
Understanding customer needs and developing effective quality control processes, planning, coordinating  
Monitoring the effectiveness of clinical care and services based on quality of outcomes

Supervising and managing the monthly sessions of the quality cares committees

**Health Insurance Reimbursement Specialist, May 2005-July 2014**

Responsible for  
Identifying methods of payment for patients  
Correlating insurance coverage with services to be provided Managing financial and medical records  
Medical coding  
Review records, coding and billing practices to ensure compliance  
Preparation and review of insurance claims  
Submit insurance claims to insurance carriers  
Follow up on unpaid claims  
Invoice preparation

**Dr. Khodadoust Hospital, Shiraz, Iran**

**Health Educator, August 2003- April 2005**

Responsible for  
Need assessment, planning, implementing, evaluating of annual health education and health promotion programs for patients(international and domestic), visitors, staff, and the community  
Managing and administrating the community health screening events, such as obesity, hypertension, Type II Diabetes, cigarette smoking

**Arvand Institute, Ahvaz, Iran**

**High School Tutor, October 2000- August 2003**

Biology  
English

**Submitted Grants Funded**

Dombrowski, R., Bode, B., **Dastgerdizad, H.** (Co-I), Mallare, J.  
Employee Wellness in Detroit Grocery Stores  
Ford Foundation Student Competition  
Role: Implement all aspect of the project including grant writing, design and develop educational materials and tools, health coaching, data collection, analysis, and manuscript and report writing.  
Award: \$25,000  
2021

NOPREN Scholarship, Dissertation Funding, \$500 Award

**Accepted but Not Funded Due to COVID-19**

Dombrowski, R., Bode, B., **Dastgerdizad, H.** (Co-I), Mallare, J.  
STI Testing in Detroit Pilot High schools  
Detroit Health Department & Wayne State University  
Role: Implement all aspect of the project including grant writing, design, data collection, analysis, report, and supervise students' champions.  
Award: \$12,500  
June 1, 2020-August 30, 2020

## Publication

**Dastgerdizad, H.**, Dombrowski, R.D., Hill, A.B., Bode, B., Knoff, K.A.G. Kulik, N., and Blount-Dorn, K. The Metro Detroit Sugar Sweetened Beverages Survey: assessing price, placement, and promotion of SSBs to young immigrant children with an enhanced Nutrition Environment Measures Survey in independent and ethnic grocers (NEMS-SSB). *Journal of Public Health Nutrition* (In progress).

**Dastgerdizad, H.**, Dombrowski, R.D., Hill, A.B., Bode, B., Knoff, K.A.G. Kulik, N., Blount-Dorn, K. and Bynum, W. Influential aspects of grocery stores on parents' purchasing of SSBs for their young children. *Journal of Nutrients* (In progress).

**Dastgerdizad, H.**, Dombrowski, R.D. Promising strategies within grocery stores to reduce SSB promotion, purchasing, and consumption among immigrant families with young children. Qualitative Study. *Journal of Food Science and Nutrition*. (In progress).

Rachael Dombrowski <sup>1</sup>; Bree Bode <sup>1</sup>; Alex B. Hill <sup>2</sup>; **Hadis Dastgerdizad** <sup>1</sup>; Ravneet Kaur <sup>3</sup>; Julia DeAngelo <sup>4</sup>; Uriyoan Colan-Ramos <sup>5</sup>; and Angela Odoms-Young (in press). Socio-cultural Differences Among Store Owners and Community Residents: Influences on Health Promoting Grocery Stores. *International Journal of Environmental research and Public Health*.

Dombrowski, R.D., Hill, A.B., Bode, B., Knoff, K.A.G. Kulik, N., **Dastgerdizad, H.**, Blount-Dorn, K. and Bynum, W. The Impact of Structural Racism within Community Food Environments on the COVID-19 Pandemic: Perspectives from Detroit. *Journal of Nutrients*, 14(10).

**Dastgerdizad, H.** Hesam, S & Yazdanpanah, A, Identifying of Effective Factors on Nosocomial Infection Control in Dena Hospital, Shiraz, Iran, 2016. *International Journal of Advances in Science Engineering and Technology*, 4(2).

**Dastgerdizad, H.** Determination of Hospital Committee's Efficiency Enhancing Factors and Members' Motivators for Participating in Committee's Sessions Selected Hospitals, Shiraz, Iran, 2015. *Journal of Chemical and Pharmaceutical, Research*, 4(8).

## Professional Presentations

Rachael Dombrowski, PhD, MPH<sup>1</sup>, Alex Hill, MS<sup>2</sup>, Bree Bode, PhD, MPH, CHES<sup>3</sup>, Kathryn Knoff, PhD, CHES<sup>3</sup>, **Hadis Dastgerdizad, PhD, MHA, MCHES<sup>3</sup>**, James Mallare, MS, CHES<sup>3</sup>. (November 2022) *Utilizing food insecurity as a proxy measure for structural racism – a case study of Detroit's COVID-19 experiences*, California State University San Marcos, <sup>2</sup>Wayne State University, <sup>3</sup>Detroit Food Map Initiative

Rachael Dombrowski, PhD, MPH<sup>1</sup>, Bree Bode, PhD, MPH, CHES<sup>2</sup>, Kathryn Knoff, PhD, CHES<sup>2</sup>, **Hadis Dastgerdizad, PhD, MHA, MCHES<sup>2</sup>**, James Mallare, MS, CHES<sup>2</sup>, Alex Hill, MS<sup>3</sup>, (November 2022), *Assessing healthy food environments in dollar stores as compared to grocery stores in Michigan* California State University San Marcos, <sup>2</sup>Wayne State University, <sup>3</sup>Detroit Food Map Initiative

**Dastgerdizad, H.** (May 2022) *The Impact of Sugar Sweetened Beverages Marketing within Grocery Store Environments on the nutritional Behavior of Immigrant Young Children: Mixed-Method Study*

Poster presentation at, 24<sup>th</sup> International Union for Health Promotion and Education (IUHPE), World Conference  
Montreal, 2022

**Dastgerdizad, H.,** Bode, B. and Mallare, J (April 2021). *Promotion Equity and Community Health in School Based Health Centers.*

Presented at the Society for Public Health Education 70th Annual Conference, Student Health Edu-Thon.

**Dastgerdizad, H.** (March 2021). *The Role of Sugar Sweetened Beverages Marketing within Grocery Store Environments on Childhood Obesity among Immigrant Families.*

Platform presentation at, 11<sup>th</sup> Annual Graduate and Postdoctoral Research Symposium, Wayne State University, Detroit, MI

**Dastgerdizad, H.** (March 2020) *Multilevel Community Engagement for Obesity Prevention and other Chronic Disease among Immigrants in Dearborn.*

Poster presentation at, 10<sup>th</sup> Annual Graduate and Postdoctoral Research Symposium  
Wayne State University, Detroit, MI

**Dastgerdizad, H.** (August 2016) *Nosocomial Infection Control*  
Master dissertation defense

Research and Sciences University, Tehran, Iran

**Dastgerdizad, H.** (April 2016) *Delphi Method in Health Sciences Research.* Annual health care management conference

Research and Sciences University, Tehran, Iran

**Dastgerdizad, H.** (March 2016) *Medical Ethics and HIV Patients*  
Health Department of Shiraz Annual Evaluation Meeting

Dena Hospital, Shiraz, Iran

**Dastgerdizad, H.** (February 2015) *Participation Management*  
Health Department of Shiraz Annual Evaluation Meeting

Dena Hospital, Shiraz, Iran

### **Volunteer services**

Farmers Market, Wayne State University, Detroit, MI

Persian language Volunteer Teacher, Pars Persian School, Ann Arbor, MI

President of Health Care Debate Club, Research and Science University, Tehran, Iran

Iranian Red Crescent, Shiraz, Iran

HIV Patient's Association & Female Substance Abuse Recovery Unit, Shiraz, Iran

### **Certifications**

Master Certified Health Education Specialist (MCHES)  
Teaching Documentation  
American Red Cross CPR/AED/ First Aid  
Certified Safe Server  
HIV/AIDS Prevention Instructor  
Infection Control Instructor  
Hospital Safety Instructor  
Crisis Management Instructor  
Failure Mode and Effect Analysis in Health Settings (FMEA)  
International Organization for Standardization (ISO) in Health Care Facilities

### **Professional Development**

Building Future Faculty Program, North Carolina State University, 2021  
Supporting Marginalized Students, North Carolina State University, 2021  
Anti-Racist Data Strategist, North Carolina State University, 2021  
Empowering Stressed Out Students, North Carolina State University, 2021  
Work Life Integration, North Carolina State University, 2021  
Trends in Virtual Teaching, North Carolina State University, 2021  
Health Mapping, Wayne State University, 2019  
Teaching Documentation Program, Wayne State University, 2019  
Supporting Students with Trauma, Wayne State University, 2019  
Microaggression, Detroit Mercy University, 2019  
Hybrid and Online Teaching, Wayne State University, 2019  
Designing Course for Significant Learning, Wayne State University, 2019  
Student-Centered Teaching Methods, Wayne State University, 2019  
Evidence-Based Teaching Methods, Wayne State University, 2019  
Activities for First Day of Class, Wayne State University, January 2019  
Supporting the Success of Veteran Students, Wayne State University  
Inclusive Teaching Methods, Wayne State University, 2019  
Classroom Assessment Techniques 2018

### **Additional Skills**

Experience with IRB (Institutional Review Board) applications and compliance  
Expertise organizing and collaborating project development and implementation  
Educational and experiential background in health care administration  
Excellent written and oral communication skills  
Experience disseminating research results to diverse audiences  
Skill in leading, coordinating, and supervising students and team members  
Ability to work effectively with people from a variety of diverse backgrounds  
Experience conducting field research in historically underserved communities

### **Professional Affiliations**

American Public Health Association  
Society for Public Health Education  
Hospital Scientific Association, Iran  
Health Care Debate and University, Iran

### **Awards & Honors**

Nutrition and Obesity Policy Research and Evaluation Network (NOPREN), 2021  
Graduate Teaching Assistant Award, Wayne State University, Detroit, MI, 2021

Alumni Association Endowed Scholarship, Wayne State University, Detroit, MI, 2021  
Graduate Professional Scholarship, Wayne State University, Detroit, MI, 2020  
Alumni Association Endowed Scholarship, Wayne State University, Detroit, MI, 2020  
Competitive Graduate Research Assistant, Wayne State University, Detroit, MI 2019  
Graduate Learning Community Advisor, REBUILDetroit program, Wayne State University, Detroit, MI 2018

**Languages**

Persian (native)  
English (fluent)  
Arabic (reading)  
French (reading)

**References**

Dr.Rachael Dombrowski  
Assistant Professor  
[Rachael.dombrowski@wayne.edu](mailto:Rachael.dombrowski@wayne.edu)  
313-577-9326  
Wayne State University, Detroit, MI

Dr.James Mallare  
Research Assistant, Adjunct Faculty  
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313-577-1193  
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Dr.Mariane Fahlman  
Professor  
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313-577-5066  
Wayne State University, Detroit, MI