HELP! I DON’T KNOW WHAT I WANT TO BE WHEN I GROW UP!

Career Services

University of South Carolina Beaufort

SELF-KNOWLEDGE

Thousands of geniuses live and die undiscovered - either by themselves or by others.

~Mark Twain
INCREASE KNOWLEDGE AND UNDERSTANDING ABOUT YOURSELF

- **MyPlan Assessments**
  - Career Personality Test
  - Career Interest Inventory
  - Career Skills Profiler
  - Career Values Assessment
  - To take assessments, create a new account (if your email address is jsmith@uscb.edu, your username should be “jsmith”). Make your password the last 4 digits of your SSN. After creating the account, you will be asked if you have a license code. It is: EWFBX5U. From there you can take all 4 assessments.

- Take stock of what you and family/friends tell you about your:
  - Skills
  - Personality Traits
  - Goals
GUIDING QUESTIONS

- What do you like in general, why?
- What types of things do you enjoy doing, why?
- What subjects do you like, why?
- What subjects do you dislike, why?
- How do you learn?
- What challenges you?
- How do those closest to you see you?
- And so on…
EDUCATIONAL KNOWLEDGE

Did you know?

Your “major” choice is not necessarily your “career” choice. In other words, there is no Sociology or English occupation. Many career paths can be taken from each major.
INCREASE YOUR KNOWLEDGE AND UNDERSTANDING OF EDUCATIONAL OPPORTUNITIES

- Available academic majors/programs of study
  - Core and Major Course Requirements

- Academic Ability and Skill Development

- Licensure programs

- Graduate programs/professional school programs
GETTING STARTED

- USCB Academics
- What can I do with my major?
- See your Career Counselor, Academic Advisor, favorite professors within areas of interest
- Google potential options
  - ONET
  - Bureau of Labor Statistics
  - Professional Associations
Did you know?

College is not just job training, but culture and climate of social and academic learning meant to create well rounded individuals with broad-based communication and people skills, along with technical knowledge and abilities.
Increase your knowledge and understanding of career and occupational opportunities

- Are you already in a major you feel stuck in? Did you know that each major leads to several different career paths. You can still choose one that works for you!

- Take time to compare your options—
  - Learn about necessary skills
  - Know the marketability of each career you consider
  - Research potential salary
  - Understand minimum education level
## COMPARING YOUR OPTIONS

<table>
<thead>
<tr>
<th>Career Comparison</th>
<th>Career 1</th>
<th>Career 2</th>
<th>Career 3</th>
<th>Career 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantages</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disadvantages</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Degree Required</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Job Availability/Growth Potential of Field</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tasks Performed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skills Needed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What do you like most?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What do you like least?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Starting Salary</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Opportunities for Advancement</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Special Requirements/Training Required</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contacts (Professional/Faculty)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Info that Will Aide Decision Making</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
INCREASING YOUR MARKETABILITY FOR ANY POSITION

- Gain invaluable experience in the field
  - Job Shadowing
  - Interest Interviews
  - Internships

- Target your resume and cover letter to fit the job description’s language

- Improve interviewing skills by practice!
  - With your Career Counselor
  - With a friend/family member
  - With a mirror
OTHER SOURCES OF CAREER INFORMATION

- Your Career Counselor
- ONET
- www.bls.gov/ooh
- Google it!
- Family
- Friends
- Faculty
DECISION MAKING
KNOWLEDGE

"Nothing is more difficult, and therefore more precious, than to be able
to decide."

--Napoleon Bonaparte
You have brains in your head.
You have feet in your shoes.
You can steer yourself in any direction you choose.
You're on your own.
And you know what you know.
You are the guy who'll decide where to go.
~Dr. Seuss
MAKE A DECISION

- Gain the information needed to make an informed decision

- Integrate information:
  - Self-Knowledge
  - Educational Knowledge
  - Occupational Knowledge

- Once info is all together, take some time to process and think about your choices
CHRONICALLY INDECISIVE?

- Set a date by which a decision will be made. Don’t procrastinate—in college deadlines can creep up on you!

- Practice making smaller, easier decisions more often using decision making steps
CONTACT CAREER SERVICES

- Visit us online at:
  [http://www.uscb.edu/careerservices](http://www.uscb.edu/careerservices)

- Phone: 843-208-8263

- Email: careerservices@uscb.edu or rhoover@uscb.edu

- Located on the 2nd floor of the Library in the Student Success Center
SOCIAL MEDIA!

- www.facebook.com/uscbcareerservices
- www.facebook.com/jawseymcshark
- www.twitter.com/jawseymcshark
- www.jawseymcshark.tumblr.com
- www.pinterest.com/uscbcareer
- www.youtube.com/uscbcareerservices