

Kelly L. McCombs MS, RD, LDN, CDCES

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EDUCATION / CERTIFICATIONS

Registered Dietitian #861507	October 1999
SC Licensure #771	November 2009
Certified Diabetes Care and Education Specialist <i>National Certification Board of Diabetes Educators</i>	May 2005
GRTO: Blackboard Online Learning and Teaching <i>USCB</i>	June 2020
ServSafe Certified Instructor and Proctor <i>National Restaurant Association, ServSafe</i>	April 1996
A-Z Diabetes Education & Research Bootcamp for Healthcare Providers <i>Brody School of Medicine, East Carolina University Greenville, NC</i>	February 2003
Master of Science Human Nutrition with Dietetic Internship. <i>The Ohio State University, Columbus, Ohio</i> Foodservice rotation: management of school foodservice operations; Clinical rotation: bone marrow transplant unit; Research rotation: OSU Research Institute; Community rotation: county school nutrition education program development (Ohio Instructional Grant).	June 1999
Teaching Assistant Conducted food laboratory sections; Developed and presented lectures/activities for diet therapy classes.	September 1997 to June 1998
Research Assistant Participated in design, administration and monitoring of clinical and laboratory trials. Analyzed and evaluated data gathered during research. Ensured compliance with protocol and overall objectives.	August 1998 to June 2000
Bachelor of Science in Human Ecology Human Nutrition, Dietetics Specialization. <i>The Ohio State University, Columbus, Ohio</i>	June 1997

PUBLISHED WORKS

Students Connected QEP Project July 2018 – August 2019

“Beaufort County Food Swamps and Food Deserts Inventory”

Part I: Analysis of Food Swamps by District in Beaufort County

Part II: Analysis of Food Deserts by District in Beaufort County

Collaborators: Together for Beaufort County & Lowcountry Food Bank

Story Map:

<http://bcscgis.maps.arcgis.com/apps/Cascade/index.html?appid=f151ab973cf54b58bf334eee4b7fc7c8>

Journal of Food Quality, Vol 23, No. 4 (2000); pp 409-419

LC Meideros, MM Sanik, EH Miller, K McCombs, C Miller,

"Performance and Microbiological Growth in Ground Meat Associated with the Use of Thawing Trays".

Graduate Thesis

The Ohio State University, Columbus, Ohio (1999)

"Changes in Body Weight and Composition of Women in Early Postpartum".

Collaborative thesis between Riverside Methodist Hospital Departments of Obstetrics & Gynecology and Medical Research, OSU Research Institute and OSU Department of Human Ecology.

WORK EXPERIENCE

University of South Carolina Beaufort January 2012 to present

Athletic Department

Registered Dietitian for Student Athletes/Teams August 2021 to present

Departments of Hospitality Management and Public Health

(Formerly School of Professions)

Appointment: Fulltime Faculty

(50% Department of Hospitality Management; 50% Department of Public Health)

Senior Instructor

January 2013 to present

Courses: 5 per Fall/Spring and 1-2 per Summer;

USCB and/or USC Palmetto College

Courses taught/teaching:

HRTM B110 Introduction to Hospitality (in person and hybrid)

HRTM/PUBH B242 Nutrition, (online, in person and hybrid)

HRTM B230 Hospitality Management (in person and hybrid)

HRTM B270 Quantity Food Production, with lab (online and in person)

HRTM B311 Management by Menu (online and in person)

HRTM B312 Food Service Sanitation and ServSafe Certification (online and in person)

HRTM B360 Food, Hospitality and Culture (online)

HRTM B370 Restaurant Food Production Management (online, in person and hybrid)

HRTM B372 Catering (online)

HRTM B447 Food Science with Lab (in person)

PUBH B322 Life Cycle Nutrition (online)

PUBH B328 Nutrition and Chronic Disease (online)

IDST B439-001 Mindfulness of Self and Community (co-instructor)

USCB work experience, cont.

Academic Advisor August 2014 to present
25 HRTM students & 5 PubHealth students

Online Course Developer January 2014 to present
USCB and USC Palmetto College
HRTM/PUBH B242 Nutrition
HRTM B360 Food, Hospitality and Culture
HRTM B370 Restaurant Food Production Management
HRTM B270/311/312 Quantity Foods/Food Safety/Menu Series
PUBH B322 Life Cycle Nutrition
PUBH B328 Nutrition and Chronic Disease
PUBH B430 Nutrition and Metabolism

Nutrition Minor Development Team March 2013 to present
-Team leader for developing Nutrition Minor and corresponding courses.
-Lead promoter and contact for students in the minor.
PUBH B430 Nutrition and Metabolism approved Fall 2021
Nutrition Minor approved Spring 2020
PUBH B322 Lifecycle Nutrition approved Spring 2020
PUBH B328 Nutrition and Chronic Disease approved Spring 2020
HRTM B320 Sports Nutrition approved Spring 2016
HRTM B360 Food, Hospitality and Culture approved Fall 2015

Faculty Senate Committee
Active Member August 2014 to present

Faculty Library Committee October 2021 - present

Courses and Curriculum Committee
Member 2015-2017
Policy and Procedure Subcommittee 2016-2017

2023 USCB Strategic Plan Implementation Academic Programs Subgroup December 2018 to present

Public Health COVID19 Contact Tracing Team April 2021 - present

Student Research and Scholarship Day April 2021
Judge for Visual Arts Category Submissions

Civitas/Inspire for Advisor March 2017 to January 2018
Advising Training Development Group
University Policies and Procedures Subcommittee

Public Health Tenure Track Faculty Search Committee Presently
Health Promotion Tenure Track Faculty Search Committee 2014-2015

Work Experience, cont

Adjunct Faculty
BHRM 340 Nutrition

January to December 2012

Nutrition Pair, LLC

March 2021 - present

Consulting Dietitian, PRN

May 2006-December 2010

Responsibilities:

- nutrition assessments for state certified group homes
- long term care/skilled nursing facility dietitian
- menu analysis & development: adult day care facilities and group homes

Beaufort Memorial Hospital, Beaufort, SC

Registered Dietitian and Diabetes Educator

PRN outpatient: January 2013 to July 2017

Fulltime inpatient: November 2009 to December 2013

PRN outpatient:

- Provide Medical Nutrition Therapy to various referred clients
- Deliver diabetes education to in- and outpatients and their families
- Present education programs to community and business groups

Fulltime inpatient:

- Instituted first fulltime Inpatient Diabetes Program at BMH
- Tracked daily hypoglycemia event data and provided point-of-care staff and patient education per protocol.
- Served as Chair of Diabetes Performance Improvement Committee
- Developed and managed Diabetes RN Champion program
- Served as member of initial Pathways-to-Excellence application team.
- Provided staff and physician education
- Collaborated with medical committees and hospital departments on best practice methods
- Reviewed and updated policies and procedures relating to glycemic control.
- Coordinated application to and management of The Society of Hospital Medicine's Glycemic Control Implementation Program at BMH
- Collaborated with Sodexo Foodservice management and staff

DaVita, Elizabeth City, North Carolina

March 2006 – March 2007

Renal Dietitian, Part Time

Responsibilities:

- Educated and provided nutrition counseling to improve patients' status
- Reviewed food and fluid intake and made recommendations
- Reviewed vitamin supplements and medications
- Analyzed trends over time to determine how the patient was responding
- Consulted with physicians regarding nutrition-related recommendations.
- Provided advice on protein and/or calorie supplements when necessary
- Motivated patients to follow the prescribed eating plan.

Work Experience, cont.

Albemarle Regional Diabetes Care Program

Albemarle Regional Health Services, Elizabeth City, North Carolina

Health Promotion RD/Certified Diabetes Educator/Outpatient RD

January 2003 to June 2009

Responsibilities:

- Coordinated regional worksite and community wellness screenings
- Developed/presented community and worksite wellness programs.
- Provided outpatient diabetes education for ADA-recognized program
- Counseled outpatients for other physician-referred diagnoses.
- Counseled patients in high risk maternity clinic
- Managed regional efforts for NC Winners Circle Healthy Dining Program
- Assisted contracted restaurants in managing and marketing WCHDP
- Analyzed and redesigned restaurant recipes to fit WCHDP guidelines
- Provided Serve Safe programs for local foodservice personnel.
- Organized "Sugar Babies" support group for children with diabetes
- Served as Instructional Team member for Diabetes Core Curriculum
- Blue Cross Blue Shield Provider (2008-2009)*
- Medicare Provider (2003-2009)*

North Carolina State University

North Carolina Cooperative Extension Service, Pasquotank County

Extension Agent/Faculty

June 1999 to December 2002

Responsibilities:

- Provided leadership, development, and evaluation to county Family and Consumer Science programs, in the areas of foods, food safety, nutrition, wellness, budgeting, parenting, gerontology, home safety, and the Extension and Community Association.
- Grant writing
- Managed and supervised grant-funded programs.
- Assisted with 4-H programming regarding above areas.
- Co-instructor for regional Serve Safe Sanitation programming
- Partnered and collaborated with agencies, nonprofit organizations and the public to meet educational needs of local residents.
- Developed and delivered objective and research-based educational programs to meet the needs of diverse audiences.
- Determined program needs by monitoring issues, via leadership groups.
- Developed and implemented evaluation plans for key programs.
- Reported impacts, outcomes to key stakeholders.
- Coordinated regional efforts for "NC Strive for 5" state initiative

Riverside Methodist Hospital, Columbus, Ohio

Certified Pharmacy Technician

March 1988 to March 1998

Responsibilities: IV, chemotherapy and critical care pharmacy areas.

VOLUNTEER ACTIVITIES

- Diabetes Program Advisory Council** November 2009 to present
Beaufort Memorial Hospital
Beaufort, SC
- Dragon Boat Beaufort** June 2015 to present
Team Member
- Board of Directors** 2017 to 2019
Elected Board Member
Bridges Preparatory School, Beaufort, SC
- Paws4People/Paws4Vets Inc.** January 2015 – May 2017
Local Event Coordinator and Fundraising volunteer
- Dietetic Internship Preceptor/Site Rotation** December 2000 to 2009
-The Ohio State University
-East Carolina University
- Board of Directors,** October 2002 to December 2005
Food Bank of the Albemarle, Elizabeth City, North Carolina
-Board Secretary, 2003-2004

ASSOCIATION / ORGANIZATION MEMBERSHIPS & POSITIONS HELD:

CURRENT:

- Leadership Beaufort Alumni, Class of 2018
Tourism Leadership Council, Savannah
Eat Smart Move More SC
Society for Nutrition Education and Behavior
 -Higher Education Focus Group
 -Public Health Focus Group
 -New materials reviewer
American Association of Diabetes Educators
Phi Upsilon Omicron National Honor Society Alumni Association

PREVIOUS Association/Organization Memberships and Positions Held:

- American Dietetic Association
 -Diabetes Care and Education practice group
 -Higher Education practice group
Healthy Carolinians of the Albemarle, 2000-09
 -Chair, 2003 to 2005
Coastal Carolina Association of Diabetes Educators, 2000-09
 -Vice President, 2003 to 2005
Eat Smart Move More NC, 2003-07

Previous Associations/Memberships/Positions Held, cont.

North Carolina Dietetic Association, Eastern District

-District Hunger Committee Chair, 2003-04

-District Nominating Committee, 2002-03

Society for Nutrition Education

-General Education Material reviewer, 2003-04

-Abstract Review Committee, 2002 National Conference

-Co-Chair, Workshop Sub-Committee, 2001

National Conference

AWARDS

Sodexo CARES award, 2012

Who's Who in Medicine and Healthcare, 2003 and 2005

NCEAFCS Early Career Award, 2002

Who's Who in America 2001/2002

Who's Who of American Women 2000/2001