# COHSG Pricing For Optional Tests

Below is a list of the most popular optional tests and their prices. These tests can be requested and paid for the day of the screening. COHSG only accepts payment in the form of cash, check or money order.

Thyroid, 4-Panel: T4, T3, TSH, Free Thyroxine Cost: \$15.00

Your Thyroid gland primarily regulates your body's metabolism.

#### Prostate Specific Antigen (PSA)

PSA is a substance that is produced within the prostate gland. As a man ages, it is generally normal for his PSA level to increase. However, levels that are above 4.0 ng/ml often suggest the presence of prostate cancer or other conditions that irritate the prostate gland.

Cost: \$25.00

Cost: \$20.00

#### C-Reactive Protein (CRP)

CRP is a plasma protein, which plays a role in the body's immune system. CRP levels increase with inflammation within the body. We utilize the CRP-cardiac method to assess the risk of cardiovascular disease. The theory behind this is two-fold. First, to varying degrees, everyone has plaque buildup on the arterial walls. If an individual has inflammation of the tissues within the arterial walls, it could create a bulge in the wall. Second, it could cause a piece of the plaque to break off and it would then go through the bloodstream until reaching a narrow passage. This could cause a blockage, which could induce a heart attack or stroke. While the CRP test cannot absolutely indicate arterial wall inflammation, it is designed to give a better indication of cardiac risk than just knowing cholesterol levels.

CA-125 Cost: \$35.00

CA-125 is used as an indicator of some types of cancer, especially ovarian cancer. In most cases it is not recommended as a baseline tool for the general population. It is usually utilized to follow known cases of ovarian cancer or to determine if the cancer has returned.

### Hemoglobin A1C Cost: \$35.00

Hemoglobin A1C is a test used to assess glucose control for people with diabetes. It is meant to evaluate blood glucose levels over the preceding 2-3 months.

#### Homocysteine Cost: \$45.00

Homocysteine is an amino acid found in the blood. One may have high levels of homocysteine when cholesterol, white blood cells and/or plaque build up in your blood vessels. This build up may increase your chances of having a heart attack, stroke or pulmonary embolism.

#### Vitamin D, 25-Hydroxy Cost: \$60.00

Vitamin D plays a key role in maintaining several aspects of overall health. Vitamin D plays an integral role in calcium homeostasis and in the maintenance of healthy bones. Optimal levels of Vitamin D can reduce the risk of prostate, endometrial, skin and pancreatic cancers. Vitamin D deficiencies have been linked to increased risk for developing hypertension and cardiovascular disease. The primary source of Vitamin D is the sun, but also consuming meat and milk rich in Vitamin D.

## ABO Grouping/Rho(D) Typing

Cost \$20.00

This test determines an individual's blood type.

Other tests available upon request. Please follow up with your screening technician.