

# SUMMER 2022 CURRICULUM GUIDE

www.uscb.edu/olli · (843) 208-8247 · olli@uscb.edu

Registration opens Tuesday, May 24 and runs through July 31

# Mission

The Osher Lifelong Learning Institute (OLLI) at the University of South Carolina Beaufort (USCB) is devoted to providing quality, intellectual/educational opportunities and experiences specifically developed for adults of the Lowcountry who are age 50 and older.

# **Contact Information**

Website - www.uscb.edu/olli Phone - (843) 208-8247 Email - olli@uscb.edu Mailing address - 1 University Blvd., Bluffton, SC 29909 Follow us on Facebook - www.facebook.com/olliatuscb

Offices on all three campuses

# Membership

## Annual Membership - \$40

- Membership into 1 of 125 OLLI communities nationwide
- Ability to participate in OLLI courses during the Fall, Winter/Spring and Summer terms.
- Courses offered In-Person, on Zoom, and On-Demand (term fees apply)
- Free pop-up OLLI lectures held throughout the year
- Free summer OLLI courses (June-July)
- USCB campus library membership and access to research
- Discounted meals at USCB dining facilities
- Discounted ticket to USCB Chamber Music concerts
- Discounted fees to USCB Continuing Education classes
- Participation in the OLLI Lowcountry Community Concert Band
- Free USCB campus student parking permit (\$25 value)

# Summer Term

OLLI summer classes are free of term fees. Vendor fees are applicable for some trips/tours or classes with supplies. Vendor information will be noted in the class description.

In-Person classes will be held on all three classrooms and off-site around the Lowcountry.

Select classes will be live on Zoom. There will be no On-Demand this summer.

# **OLLI LOCATIONS**



Beaufort: 805 Carteret St., Beaufort, SC 29902 Office - Center For the Arts, Room 114 Classroom - Center For the Arts, Room 102



Bluffton: 1 University Blvd., Bluffton, SC 29909 Office - Hargray Building, Room 161 Classroom - Hargray Building, Room 156



Hilton Head Island:

1 SandShark Drive, Hilton Head Island, SC 29928 Office – Suite 131 Classroom – Room 103



# **IMPORTANT SUMMER REGISTRATION INFORMATION**

## Registration opens Tuesday, May 24 at 10 a.m. and runs through July 31

#### Ways to Register

Online: www.olli.uscb.edu

Phone: (843) 208-8247

In-Person Drop off All three campuses

### > NEW ONLINE HYBRID REGISTRATION

A Hybrid class is a class that is offered live in person and live on Zoom. You will see one class code with an option to register either in person or on Zoom. It is important to select how you want to attend the class. There are seating limitations in the OLLI classrooms.

#### **On-Demand will return this fall.**

Registration Information					
0	Register for In-Person attendance (No Charge) Register for Zoom attendance (No Charge) Register for Waitlist (No Charge)				
SUBMIT REGISTRATION					

## **QUICKPICK REGISTRATION - NEW REGISTRATION FEATURE**

Quickpick registration is a new feature that allows members to quickly register for classes. All of the classes will be listed and you choose the ones you would like to attend and proceed to checkout. If you need to pay any supply, tour or trip fees you will be prompted to enter your payment information.

#### **QuickPick Registration**

verconne o	LLI Member! You are ready to register.
ENROLL SO	MEONE ELSE
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2022 OL	LI Membership
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▶ Art and	d Culture
▶ Busine	ISS
▶ Comm	unity Interest
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#### ART300: THE ZENTANGLE METHOD OF DRAWING

1 Session | Monday | Jun 06 | 1-2:30PM | In-Person only | Beaufort campus

"Yoga for the brain. Meditation on paper. Mesmerizing repetition of marks and patterns." These are just a few of the ways Zentangles are described. The practice of Zentangles also proves everyone can draw. Students will be instructed in the methods created by Maria Thomas and Rick Roberts and will create "Artist Trading Cards," receive a Micron pen and use Zentangle tiles to create individualized designs which are beautiful and expressive. There is a \$3.00 (cash) materials fee for this course due to the instructor on the day of the class.

BARBARA KRAKEHL is a retired educator who has found time to explore and enjoy art. She finds pleasure in sharing some of the many opportunities for art appreciation and experiences available in the Beaufort community.

#### ART301: SCAD MUSEUM AND SCAD STORY TOUR

2 Sessions | Monday, Thursday | Jun 13, Jun 16 | 10AM-12N, 11AM-2:30PM | Bluffton campus and Offsite (Savannah)

**Class 1** (Monday, June 13, 10 am-Noon, Bluffton Campus): Learn the history of how SCAD came to Savannah and how this world-famous art and design school and museum has changed both the landscape and the cultural direction of the city in the USCB OLLI classroom.

**Class 2** (Thursday, June 16, 11 am - 2:30 pm, Offsite): Participants will travel to Poetter Hall for a showing of the SCAD story followed by a visit to the ever-changing SCAD museum for a tour of the artwork from all over the world, which is there to inspire SCAD students in their creative endeavors and disciplines. There will be time for lunch. Participants can pack a lunch or purchase a box lunch. \$8 museum fee will be due to SCAD on the day of the tour.

#### ART302: DRAWING 101 - 2 DAY WORKSHOP

2 Sessions | Monday, Tuesday | Jun 27, Jun 28 | 10AM-12:30PM | In-Person only | Beaufort campus

A beginner's studio art course in drawing, focusing on the use of graphite pencils in varying grades. This workshop will introduce and focus new artists on the development of their observational skills and drawing techniques. This is accomplished through various hands-on activities, exercises and group discussions. This course will touch upon seeing rather than remembering, shapes, volume, value, line and texture. Emphasis is on shifting to a "right brain" approach to drawing. No prior experience with drawing is required or expected. *A supply list will be provided in advance and the student will be responsible for purchase prior to the class.* INSTRUCTOR: LAURA SCHULER

#### ART303: DRAWING 102 - 2 DAY WORKSHOP

2 Sessions | Tuesday, Wednesday | Jul 12, Jul 13 | 10AM-12:30PM | In-Person only | Beaufort campus

This studio drawing course continues to expand on the tools taught in Drawing 101 which is recommended as a pre-requisite. This course will focus on the progression of "seeing the light" and the use of shading and shapes to bring flat objects into 3D realism. Composition and lighting will be covered and practiced in small groups. A supply list will be provided in advance and the student will be responsible for purchase prior to the class.

LAURA SCHULER, lived in New York, Maryland, and Portugal. She majored in Fine Arts at AACC and the Schuler School of Fine Art. The love of drawing overtook her art glass, and began her love with graphite, charcoal and drawing. Her particular subject of interest is around figurative work and the capture of movement.

#### **BUS300: ENTREPRENEURSHIP IN THE 21ST CENTURY**

1 Session | Monday | Jun 06 | 10AM-12N | In-Person only | Bluffton campus

Have you ever seen that great product and thought, "why didn't I think of that?" Have you ever wanted to start a business or a side job? Are you just fascinated by how someone could create a multi-million-dollar business from nothing? This course will explore the changing landscape of entrepreneurship in the 21st century. Students will examine the building blocks of a successful start-up and cover the modern framework for growing a small business and the methods of scaling a small business for healthy growth and success.

ZACHARY GREEN is serial entrepreneur and international best-selling business author. Zach has been featured in "Entrepreneur Magazine" and on the home page of Yahoo.com. He has testified in front of the US House of Representative Small Business Committee and was named "Entrepreneur of The Year" by Ohio Governor John Kasich. Zach serves as Director of the Don Ryan Center of Innovation's HEROES program in Bluffton.

#### **COMMUNITY INTERESTS**

#### **COI300: HURRICANE PREPAREDNESS WITH BEAUFORT COUNTY EMERGENCY MANAGEMENT**

1 Session | Monday | Jul 25 | 9:30AM-12N | Offsite (Beaufort)

This course will inform participants of what happens in an emergency and what steps they should take before, during and after a disaster. The program will be held at the Beaufort County Emergency Operations Center in Beaufort. Emergency Management staff will inform attendees of what happens in a declared emergency and in an evacuation and how decisions are made. They will also inform attendees of all the possible disaster threats in our area.

#### **COMPUTER & TECHNOLOGY**

#### COM300: UNDERSTANDING BITCOIN, BLOCKCHAIN AND WEB 3.0 (Hybrid Class)

1 Session | Friday | Jun 17 | 10AM-12N | In-Person, Zoom | Hilton Head Island campus

Join local author HENRIK DE GYOR to learn about cryptocurrencies like Bitcoin, blockchain technologies and the next version of the Web. Participants will learn what they are, how they work together, how they may affect us in the near term, and how industries are using them. Participants will also examine what lies in the near future.

HENRIK DE GYOR is a consultant, podcaster, speaker, and writer. Henrik has written nine books and created nine podcast series. Henrik enjoys connecting the dots to bring awareness and clarity to niche technical topics. Henrik works remotely and lives with his wife in Bluffton, SC.

#### **CULINARY ARTS**

#### CUL300: SUMMER SIPPING 1 Session | Tuesday | Jun 14 | 3-4:30PM | Offsite (Okatie) | Limited Enrollment

Sip your way into summer with an introduction to all new wines that are certain to keep your palate refreshed as we segue into our Lowcountry's heat and high humidity season. Join wine connoisseur Juan Carlos Jiménez as he takes you on an exploration of some of his favorite summertime wine picks from abroad. Always fun when you get to sip wine and be educated on it at the same time. Featuring five premium wines with tapas to complement. **Supply Fee \$25** 

JUAN CARLOS JIMENEZ, Ph.D, retired mathematics professor at Arizona State University and graduate of University of Massachusetts, Amherst, was a marine biologist conducting research/rescue of whales/manatees worldwide. He owns Ta-ca-rón, a boutique wine/cigar/gourmet tapas establishment in Okatie, SC.

#### **CUL301: BANISH INFLAMMATION WITH DELICIOUS FOOD**

1 Session | Wednesday | Jun 22 | 10AM-12N | In-Person only | Hilton Head campus | Limited Enrollment

Aches and pains, obesity, allergies, autoimmune conditions, cardiovascular disease, diabetes, skin diseases, respiratory issues and more - all involve inflammation. Imagine if your aches, pains and discomfort could be prevented, reduced, or even healed, simply by adding some key healthful foods. Join me for a delicious culinary nutritional experience where you'll discover the important role that food plays in inflammatory conditions and what to eat in order to support your health. You will participate in a practical cooking experience and recipes from start to finish. This is interactive so come, bring your apron, have fun and cook with us. **Supply Fee \$5** 

DRISANA McFADDEN, is a Certified Culinary Nutrition Expert from the Academy of Culinary Nutrition. She has extensive experience in recipe development, therapeutic foods and cooking for health. As a certified culinary nutritionist, she teaches how to decrease inflammation through food, which is a number one issue to body pain.

**CUL302: DYING DOWN SOUTH IS MORE FUN: FUNERAL FOOD TASTINGS INSPIRED BY PAT CONROY** 1 Session | Thursday | Jul 07 | 1-3PM | In-Person only | Hilton Head Island campus | *Limited Enrollment* 

Celebrated southern storyteller Pat Conroy crafted heartbreaking descriptions of death scenes and remembrances of his fictional characters and beloved figures from his own life. He also knew how to warm our hearts and fill our bellies with wonderful foods. Award-winning caterer Debbi Covington and Conroy Center executive director Jonathan Haupt will present a creative pairing of Conroy stories about death and dying with cooking demonstrations and tastings of funeral foods to see if Conroy was right that dying down South is more fun. Supply Fee \$25

DEBBI COVINGTON is an award-winning event caterer, YouTube cooking show chef, food columnist and threetime cookbook author. She has been featured as a "Master of Entertaining" in Southern Living magazine and her cuisine has been photographed for Better Homes and Gardens magazine. Debbi has a passion for celebrating and delights in creating and sharing seasonal and locally inspired menus.

JONATHAN HAUPT is the Executive Director of the Pat Conroy Literary Center and the former director of the University of South Carolina Press. He is co-editor of the anthology "Our Prince of Scribes: Writers Remember Pat Conroy," winner of 17 book awards. In 2020, he was recognized with the Doug Marlette Literacy Leadership Award, a lifetime achievement award presented by the Pulpwood Queens.

#### CUL303: GLUTEN FREE DOESN'T HAVE TO TASTE BLAH!

1 Session | Monday | Jul 18 | 11AM-1PM | In-Person only | Hilton Head Island campus | Limited Enrollment

Back by popular demand! Join this hands-on course and learn to make two traditional favorite cookies gluten free and delicious. Students will learn through preparing and baking their own gluten-free chocolate chip cookies and sample already made oatmeal raisin cookies. These cookies are so good, it will be hard to keep some for sharing. Supply Fee \$15

DONNA SPROUT spent her career in technology, first with IBM, then at USCB, where she retired in 2020. She also has a background in food service management. Her passion is baking decadent treats for family and friends. She and her husband have lived in Bluffton, SC since 2005.

#### **ECOLOGY**

#### ECO300: NATURE WALK - PINCKNEY ISLAND NATIONAL WILDLIFE REFUGE

1 Session | Thursday | Jun 02 | 8:30-10:30AM | Offsite (Hilton Head Island) | Limited Enrollment

With over 4000 acres, Pinckney National Wildlife Refuge is a wildlife refuge designed for conservation purposes. The diverse ecosystems from freshwater ponds, salt marsh flats and maritime forest can be enjoyed in a short accessible walk. Plan to explore this amazing location with naturalist Jill Moore, *as she guides you on a 3-mile round trip* adventure sharing the nature and history of Pinckney Island along the way. **Tour Fee \$15** 

JILL MOORE, Master Naturalist, has a background in education and is the owner and creator of Moore to Life. Her love of the outdoors started young while spending the summers of her youth in Montana where her parents are from. In search of a place full of outdoor adventure to raise her three boys, Jill's family ended up in the Lowcountry of South Carolina. Sharing what she has learned and experienced in this area "like no other place on earth" is what she hopes to share with others through these educational opportunities.

#### ECO301: RIGHT WHALES - OUR COASTAL VISITORS

1 Session | Thursday | Jun 09 | 10AM-12N | In-Person only | Hilton Head Island campus

Professor Michael Williamson will introduce right whales and the current status and research on this species. The effects of climate change on this species will also be discussed.

MICHAEL WILLIAMSON, Associate Professor in Marine Sciences at Wheelock College in Boston, Massachusetts from 1988-2008, has been active in education and research for over 40 years. Williamson is currently a scientist in residence at St. Mary's Anglican Girls School in Perth, Western Australia, where he teaches and advises on marine science education and research. He is vice-president of the Mingan Island Cetacean Study and was a pioneer in Massachusetts whale research as the founder and director of the Pelagic Systems Research & Massachusetts Whale Watch, which began studying cetaceans in Massachusetts Bay in 1976.

#### ECO302: NATURE WALK - PORT ROYAL CYPRESS WETLANDS

1 Session | Wednesday | Jun 29 | 8:30-10:30AM | Offsite (Port Royal) | Limited Enrollment

In just over a ½ mile loop, this "cypress swamp" provides wildlife viewing including abundant bird watching with a variety of herons, egrets, migrating shorebirds, waterfowl, hawks, eagles, owls, along with turtles and alligators and a variety of plant life as well! Join naturalist Jill Moore on a guided tour along the boardwalk and viewing areas for an up-close look at all the wetlands have to offer. Tour Fee \$15

JILL MOORE, Master Naturalist, has a background in education and is the owner and creator of Moore to Life. Her love of the outdoors started young while spending the summers of her youth in Montana where her parents are from. In search of a place full of outdoor adventure to raise her three boys, Jill's family ended up in the Lowcountry of South Carolina. Sharing what she has learned and experienced in this area "like no other place on earth" is what she hopes to share with others through these educational opportunities.

#### FILM

#### FILM300: POPCORN & A MOVIE - PARADISO

1 Session | Thursday | Jul 28 | 1-3:30PM | In-Person only | Bluffton campus

This classic 1988 Italian film won the Academy Award as Best Foreign film. The local movie house is a magical place for a boy and the people of a Sicilian village. A discussion will follow the film.

JOAN RUFFINO has been an OLLI instructor for 14 years presenting her interests in history, biography, literature, and film. Joan taught courses for Road Scholar and L.I.F.E. at St. Mary's College in New York and Joan conducts the OLLI Foreign Film Festival each Winter/Spring term

#### **HISTORY**

## HIS300: FLORIDA'S LARGEST CITY - KEY WEST?

1 Session | Wednesday | Jun 08 | 10-11:30AM | Zoom only

But for the vagaries of history and Mother Nature, Key West could have become a vastly different place than the resort we know today. Its development as an important port and military base was derailed (literally) by the 1935 Labor Day hurricane. However, the "Conch Republic" re-invented itself and became home to an intriguing group of individuals. As one Key West resident said, "This is where the weird go pro."

Join us as we discover the history of Key West and visit with some of its residents, past and present, including Ernest Hemingway, Tennessee Williams, Jimmy Buffet, Thomas McGuane and others.

JIM NICHOLSON is an OLLI instructor for several South Carolina OLLI Lifelong Learning institutions including OLLI Furman, OLLI Clemson, and Lifelong Learning at Wofford on a variety of topics.

#### HIS301: HOW THE 'ARSENAL OF DEMOCRACY' WON WORLD WAR II (Hybrid Class)

1 Session | Tuesday | Jun 14 | 10AM-12N | In-Person, Zoom | Hilton Head Island campus

From the retired Army General who brought you 9/11, A Rising China, Vietnam to Today, Inspired Leadership in Challenging Times, and West Point Trivia comes a second presentation based on Arthur Herman's book "Freedom's Forge." Tom Brokaw called the heroes who fought World War II, "The Greatest Generation," but none of their success would have been possible without the historic mobilization of American industry. From a war-weary, isolationist country coming out of the Great Depression, hear how the buildup began - 18 months before Pearl Harbor - then was sustained throughout the war, not just for American forces; but for all the allies. An added feature is Craig's analysis of the current situation in the Ukraine.

CRAIG WHELDEN, retired Major General, spent 30 years in the U.S. Army and another nine as a member of the Senior Executive Service (SES) with the U.S. Marine Corps. Along the way, he led thousands of soldiers, sailors, and marines at each level from Lieutenant to General Officer to Senior Executive – with 10 years in Europe and another 12 in the Pacific.

#### **HIS302: BEAUFORT HISTORY WALKING TOUR**

1 Session | Wednesday | Jun 22 | 9:30-11:30AM | In-Person only | Beaufort campus | Limited Enrollment

Take a walking history tour of the Town of Beaufort with Janet Matlock, celebrated walking tour guide of Beaufort. Learn how the great pageant of America played out in Beaufort as the Spanish, English, and Indians battled for her. Hear about the people who created the town: Conquistadores, Huguenots, Colonialists, Confederate and Union soldiers, Clara Barton, and Robert Smalls. See photos of the distinctive architecture of the town's gracious homes, many of which are listed in the National Register. The first half of this class will be in the classroom followed by a walking tour. Please wear comfortable walking shoes.

JANET MATLOCK studied the history and architecture of Beaufort and became a docent at the oldest church in Beaufort. In 2014, she took over the Beaufort tours of retiring icon, Jon Sharp and the rest is history.

HIS303: PATHFINDERS FOR FREEDOM: FIRST & SECOND SC VOLUNTEERS OF AFRICAN DESCENT (Hybrid Class) 1 Session | Wednesday | Jun 29 | 10AM-12N | In-Person, Zoom | Hilton Head Island campus

Without the efforts of a few Federal officers and about 1,500 former slaves in Hilton Head and Port Royal in mid-1862, the regiments of black soldiers raised in the North following Emancipation may never have had the opportunity to demonstrate the full value of African-American troops as fighting men. Learn how the 1st and 2nd SCVAD paved the way for the 54th Massachusetts and other US Colored Troops' regiments to earn fame and glory in later battles of the Civil War.

RICH THOMAS, the owner of Legacy Leadership and Legacy History Tours of the Lowcountry, operating as Hilton Head History Tours, is a founding member of the Hilton Head Island Institute, a former Board member of the Heritage Library, the Santa Elena Foundation, and the Lowcountry Civil War Roundtable. Rich is the founder and President of the Board of the Friends of Honey Hill, and a Co-Chair of the South Carolina American Revolution Sestercentennial Commission's Committee of 99 for Beaufort District.

#### HIS304: THE CIVIL WAR MEMOIRS OF ULYSSES S. GRANT AND JAMES LONGSTREET (Hybrid Class)

2 Sessions | Tuesday, Thursday | Jul 12, Jul 14 | 1-3PM | In-Person, Zoom | Beaufort campus

The years following the Civil War witnessed an extraordinary outpouring of memoirs. Of these, two of the most interesting (and, arguably, the best) were written by Generals Grant and Longstreet. This class will examine "Personal Memoirs of Ulysses S. Grant" (1885) and James Longstreet's "From Manassas to Appomattox" (1895) with particular emphasis on how each author's reputation before, during, and after the Civil War shaped (and was subsequently shaped by) these works.

DR. JOHN McCARDELL served from 2010-2020 as Vice-Chancellor and President Emeritus of The University of the South, Sewanee, Tennessee, where he remains a member of the history faculty. From 1976-2010 he was a member of the faculty at Middlebury College and served as President from 1991-2004. He has had a residence in Beaufort since 2004 and taught with OLLI 2004-2010. His book "The Idea of a Southern Nation" (Norton) won the Allan Nevins Prize. He has published extensively in the field of southern history.

## HIS305: ATHENA MILITANT: THE IMPORTANCE OF 19TH CENTURY FEMALE MILITARY COMPANIES

1 Session | Friday | Jul 15 | 10-11:30AM | Zoom only

When women were allowed to enlist in the US military in 1917, the decision was universally lauded. Such an undertaking would have met a very different response in 1870. Women were felt to be unsuited for that most sacrosanct of male endeavors - war. Somehow, in the intervening years, public attitudes shifted. The story of how America came to view women's military capabilities differently is the subject of the course. Long forgotten by history, these informal military organizations were critical to overcoming the last barrier to universal suffrage. As stated in a landmark 1871 Pennsylvania Supreme Court Decision, "the constitution of Pennsylvania contemplates that the class of people who do the voting shall also be the people who do the fighting." How this legal barrier was overturned is due in large part to the efforts of tens of thousands of women who dared demonstrate that they possessed the discipline, sense of obedience, and patriotism necessary to shoulder the burden of military service.

GARY MITCHELL is a 1975 graduate of West Point and a lifelong student of military history. An avowed research junkie, he enjoys sharing the fascinating stories he uncovers in the forgotten corners of American history. He has taught for years at the Osher program of the Rochester Institute of Technology. He is a published author.

#### HIS306: HEIRS PROPERTY IN BEAUFORT COUNTY

1 Session | Tuesday | Jul 19 | 10-11:30AM | In-Person only | Bluffton campus

Early in the Civil War, Union troops occupied the Hilton Head and Beaufort areas. After the Emancipation Proclamation, the Federal government took possession of the lands of the former plantation owners who had fled. Those lands were sold to former slaves. The concept of wills and probation of estates was unknown to those persons and their descendants thereafter. This resulted in a large number of parcels of real property in Beaufort and Jasper counties being known as "heirs property," as those parcels of land were inherited by the heirs of the original owners.

THOMAS MIKELL, Attorney at Law, Citadel graduate with BA in History, University of South Carolina School of Law, Juris Doctorate, has extensive experience handling all aspects of quiet title and heirs property litigation. He is a featured history and law presenter to Beaufort organizations.

#### HIS307: SOUTH CAROLINA HISTORICAL SOCIETY MUSEUM DAY TRIP

1 Session | Wednesday | Jul 20 | 8AM-5PM | Offsite (Charleston)

Spend the day with the South Carolina Historical Society. The day begins with a guided tour of the South Carolina Historical Society Museum, an architectural treasure in its own right. It is housed in a National

Historic Landmark building and features interactive exhibits on the people, places, and movements that shaped the state and nation. Pairing personal manuscripts, maps, and artifacts with innovative technology, participants will experience illuminating moments in our state and country's past.

*Break for lunch* - participants can bring their own or walk to one of the many local restaurants near the museum in the heart of downtown Charleston.

*After lunch,* participants will walk (about a mile) to the South Carolina Historical Society Archives to begin a guided tour of the South Carolina Historical Society Archives.

Established in 1855, the South Carolina Historical Society (SCHS) is dedicated to expanding, preserving, and making accessible our invaluable historical collection, and encouraging interest and pride in the rich history of our state. The collection spans the 300-year history of our entire state, with records from early exploration, the colonial era, the antebellum plantation era, the Civil War, and 20th century industrialization. Our records are used by scholars, genealogists, and authors throughout the world, because they are recognized as exceptional resources for understanding the formation and development of South Carolina as well as the United States. **Trip Fee \$55** 

#### **HEALTH & MEDICINE**

#### **HME300: HYPERTENSION - THE SILENT KILLER**

1 Session | Thursday | Jun 23 | 10-11:30AM | In-Person only | Beaufort campus

High blood pressure is often referred to as the "silent killer" because most of the time it shows no obvious symptoms. But it can lead to stroke, heart attack, heart failure, and other diseases. Almost half of the American population suffers from hypertension. This course describes how blood pressure is measured and defines upper limits for normal blood pressure. It also describes how the body regulates blood pressure, and which mechanisms can lead to hypertension. Moreover, risk factors and principles for prevention and treatment of hypertension will be outlined.

DR. PETER HOFFMANN, MD, PhD was born, raised and educated in Germany. After an academic career in cardiovascular research in Germany, he worked for several pharmaceutical companies in France, Switzerland and the US. His PhD thesis was on hypertension, and he was involved in the development of several widely used antihypertensive drugs.

#### HME301: JOINT HEALTH AS WE AGE

1 Session | Monday | Jul 18 | 10AM-12N | In-Person only | Beaufort campus

Learn about the most common causes of joint pain, ways to improve joint health and what you can do to help move beyond the pain and back to what you enjoy as quickly as possible. Hear about the latest treatment options - surgical and non-surgical - including procedures that use advanced, minimally invasive and robotic techniques to get you moving and lessen the harmful effects of arthritis and other conditions.

VANDIT SARDANA, M.D., MSc, FRCS (C), FAAOS, FAAHKS, FACS is a board-certified and fellowship-trained orthopedic surgeon specializing in joint replacement and preservation, Vandit Sardana, M.D., works with patients to assess, preserve and restore joint function, providing care based on best and current evidence in the field of orthopedics. He is proficient in leading edge surgical techniques and precision fitting of joint implants as well as other orthopedic procedures.

#### HME302: MAKING YOUR WISHES KNOWN

1 Session | Tuesday | Jul 26 | 10AM-3PM | In-Person only | Bluffton campus

Join Friends of Caroline's for a Five Wishes Workshop. Morning session (10 a.m. - 11:30 a.m.) Film and discussion. "Being Mortal" is an Emmy-nominated documentary exploring how to talk about death with a

dying loved one. Dr. Atul Gawande explores death, dying and why even doctors struggle to discuss being mortal with patients. Lunch break (Bring a lunch or the USCB cafeteria will be open). Afternoon session (1 p.m. - 3 p.m.) Participate in a Five Wishes workshop. When your wishes are in place it allows your family to focus on you during your end-of-life journey, not wondering what you would want. You will have an opportunity to create this legal document with skilled professionals from Friends of Caroline Hospice.

LANELLE FABIAN has served as the Director of Community Engagement at Friends of Caroline since 2017. Her duties include coordination of volunteers, marketing, events & fundraisers, and compliance. JENA BUS, LMSW is a Social Worker with Friends of Caroline Hospice and has more than 7 years of experience working in the hospice field. She earned her undergraduate degree in Psychology from Loyola University Chicago and her graduate degree in Social Work from Dominican University and an MBA from Marylhurst University.

#### HME303: SELF CARE AND BREAST HEALTH

1 Session | Wednesday | Jul 27 | 10AM-12N | In-Person only | Bluffton campus

Breast cancer prevention starts with healthy habits. Learn how to take charge of your breast health and live your healthiest life. Recognize what it means to be considered "high-risk," how that is determined and what can be done in terms of screenings and proactive treatments to protect yourself. Learn the importance of being aware of what is normal for your breasts and the types of regular screenings that are appropriate based on your physiology including 2D vs. 3D mammograms and automated breast ultrasound screening (ABUS).

TARA L. GRAHOVAC, M.D., FACS is a board-certified, fellowship-trained breast surgeon, formally known as a breast surgical oncologist. Dr.Grahovac specializes in the diagnosis, staging and removal of cancerous growths in the breast. She also brings expertise in the development of full-service, evidence-based medical treatment and surveillance programs for women with breast cancer and those at high risk for the disease.

### **INTERNATIONAL STUDIES**

#### IST300: IMPLICATIONS OF A RISING CHINA (Hybrid Class)

1 Session | Monday | Jul 11 | 10AM-12N | In-Person, Zoom | Bluffton campus

From the retired Army General who brought you 9/11, Vietnam to Today, How the Arsenal of Democracy Won WWII, Inspired Leadership in Challenging Times, and West Point Trivia comes an updated version of another favorite: "Implications of a Rising China." With more than a dozen years in the Pacific - as an Army General Officer and a Senior Executive with the Marine Corps, Craig Whelden had a front-row seat to China's hegemonic activities and bullying of its neighbors. This course explores what is happening on the other side of the world: geopolitically, militarily, and economically as China expands its sphere of influence. Students will learn about the strategic importance of the Malacca Strait, the South China Sea, the exploding growth of the Peoples Liberation Army, and China's encroachment on the "second island chain," where the U.S. begins its day - in Guam. An added feature is a focus on the current situation in the Ukraine and how it effects China's calculus on Taiwan.

CRAIG WHELDEN, retired Major General, spent 30 years in the U.S. Army and another nine as a member of the Senior Executive Service (SES) with the U.S. Marine Corps. Along the way, he led thousands of soldiers, sailors, and marines at each level from Lieutenant to General Officer to Senior Executive – with 10 years in Europe and another 12 in the Pacific.

#### LITERATURE

#### LIT300: PAT CONROY LITERARY CENTER EXECUTIVE DIRECTOR'S TOUR

1 Session | Tuesday | Jun 07 | 1-3PM | Offsite (Beaufort)

The nonprofit Conroy Literary Center honors the legacy of bestselling storyteller Pat Conroy (1945-2016) as author and educator. South Carolina's only affiliate of the American Writers Museum and second American Library Association Literary Landmark, the Center houses a treasure trove of artifacts from Conroy's life, including his Fripp Island writing desk and his father's USMC flight jacket. Executive Director Jonathan Haupt will lead our tour with stories highlighting Conroy's love of the Lowcountry and the arc of his writing life, while also discussing the Center's ongoing work with students, teachers, readers, and writers.

JONATHAN HAUPT is the Executive Director of the Pat Conroy Literary Center and the former director of the University of South Carolina Press. He is co-editor of the anthology "Our Prince of Scribes: Writers Remember Pat Conroy," winner of 17 book awards. In 2020, he was recognized with the Doug Marlette Literacy Leadership Award, a lifetime achievement award presented by the Pulpwood Queens, the largest book club in the U.S.

#### MUSIC

#### **MUS300: APPALACHIAN MUSIC**

1 Session | Monday | Jun 20 | 1-2:30PM | In-Person only | Bluffton campus

The music of Appalachia is largely derived from the ballads, hymns, and fiddle music of the British Isles - particularly Scotland. There were other influences, as well. Africa, for example, and continental Europe. As Scots left for America, many came by way of Ireland, which added its own influence. Join us as we trace this music from its roots in the old country to its effect on the music of today. INSTRUCTOR: JIM NICHOLSON

#### MUS301: TEXAS MUSIC

1 Session | Tuesday | Jun 21 | 1-2:30PM | In-Person only | Beaufort campus

When settlers arrived in America with their music, many traveled south to Appalachia, but some didn't stop there. They moved west with the rest of the country and one place provided fertile ground for the music - Texas. There, they absorbed other styles of music, ranging from Hispanic to German, and even Polish. Ever seen a Mexican polka festival? Join us, and you will. Continue the journey started yesterday with Appalachian music to the Lone Star State.

JIM NICHOLSON is an OLLI instructor for several South Carolina OLLI Lifelong Learning institutions including OLLI Furman, OLLI Clemson, and Lifelong Learning at Wofford on a variety of topics.

#### MUS302: CLASSICAL MUSIC AND JIM CROW (Hybrid Class)

1 Session | Thursday | Jul 07 | 10-11:30AM | In-Person, Zoom | Beaufort campus

This course will look at classical music in America alongside slavery, emancipation, Reconstruction, and Jim Crow. Following an examination of traditional classical music styles including the Baroque, Classical, and Romantic, we will focus on the music and artists of the post-Reconstruction Jim Crow era. This talk will look at how Jim Crow policies informed the creation and performance of classical music and will feature the stories and music of artists including Antonín Dvorák, Scott Joplin, Samuel Coleridge-Taylor, and Florence Price. INSTRUCTOR: DR. ERIC J. LAPIN

#### MUS303: DUKE ELLINGTON (Hybrid Class)

1 Session | Friday | Jul 29 | 10-11:30AM | In-Person, Zoom | Bluffton campus

This program will focus on the life, music, and legacy of one of America's most important artists. Duke Ellington was a prolific composer, songwriter, pianist, and bandleader and shaped both popular and classical music development. This session will feature stories of Ellington's life alongside guided listening of some of his most famous works of art.

DR. ERIC J. LAPIN is a Senior Lecturer of Music in the Department of Performing Arts and the former Artistic Director for the Brooks Center for the Performing Arts at Clemson University. He is the author of The Artist Entrepreneur: Finding Success in a New Arts Economy with Ron McCurdy and Rick Goodstein. He is a member of the SC Humanities: Speaker's Bureau and is a co-founder of LEAD College Consulting. He teaches courses in arts administration, entrepreneurship, applied clarinet, and music history. More information is available at ericjlapin.com.

#### **SCIENCE**

SCI300: A NEW LENS: JAMES WEBB SPACE TELESCOPE & OTHER NASA EXPLORATION MISSIONS (Hybrid Class) 1 Session | Wednesday | Jun 15 | 10-11:30AM | In-Person, Zoom | Bluffton campus

The past year has been a time of extraordinary accomplishments in deep-space exploration. The most powerful space telescope ever designed and built, the James Webb Space Telescope (JWST), has been successfully deployed approximately one million miles from earth. As the successor to Hubble, it is in the early stages of providing entirely new insights into the development of the universe. Less well-known, but equally important has been the recent work of other observatories. One example is the discovery of over 5000 exoplanets (orbiting other stars) by the Keppler and newer Transiting Exoplanet Survey Satellite observatories. Still other space probes are yielding new insights about the sun and planets in our own solar system. This presentation will highlight some of these most recent discoveries and put them in the context of NASA's overall space, earth science, and aeronautics mission and budget.

JACK HANSEN, PhD, spent most of his career helping lead research organizations in the federal government (e.g., NASA) and universities (e.g., Penn State Applied Research Laboratory). Since retiring, he has written two books on the personal dimensions of retirement and worked with the OLLI National Resource Center on surveys of OLLI participants. He is also active in the OLLI at Furman University.



**THE300: SNEAK PREVIEW OF MUSIC MAN - SSTI SUMMER THEATER** 1 Session | Thursday | Jun 16 | 1-2:30PM | Zoom only



For 15 summers, Lowcountry audiences have been delighted by the magic, music, and memories created on stage by the Southeastern Summer Theatre Institute (SSTI). Join founder, Ben Wolfe, and director/ choreographer, Jacob Brent, for an exclusive sneak peek into SSTI's first production in this special anniversary summer - The Music Man. Get a glimpse behind the scenes as SSTI prepares its own take on this classic Tonywinning musical! The creative team will share insights into their vision for the show, perspectives on the challenges of mounting a show in under three weeks, and even a few peeks into the show's musical numbers, production design, and cast. Ben and Jacob will also take questions live at the end of the presentation! Live theater performances are the weekend of June 24th and July 1st.This class will be moderated by SSTI's Founder and Director, BEN WOLFE and The Music Man's Director/Choreographer, JACOB BRENT. Jacob is widely known for his many collaborations with Andrew Lloyd Weber, appearing in not only the 1998 CATS filmed production as Mr. Mistoffelees, but also in the production's record-breaking performances in both London's West End and on Broadway. He was also the director of last year's award winning SSTI production of Hello, Dolly!

#### THE301: MUSIC MAN PERFORMANCE & BACKSTAGE PROGRAM

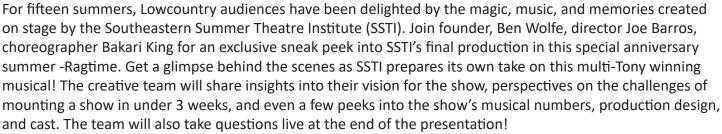
1 Session | Sunday | Jun 26 | 1-4PM | Offsite (Hilton Head)

OLLI members are invited to attend the live theater performance of The Music Man that includes a back-stage educational presentation immediately after the show. You must register with OLLI for this back-stage opportunity and you must purchase your Music Man tickets directly from SSTI to attend Music Man on June 26, 2022 at 1pm. Identify yourself as an OLLI member.

**Tickets may be purchased at https://www.summertheatreinstitute.com/ or by calling 866-749-2228.** Following the show, OLLI members will meet with Ben Wolfe and SSTI's production team, cast, and crew. There will be a discussion as well as a question-and-answer period so members can understand the unique opportunities SSTI creates for talented individuals from across the U.S. and the production process from A to Z. This class will be moderated by SSTI's Founder and Director, BEN WOLFE and The Music Man's Director/ Choreographer, JACOB BRENT. Jacob is widely known for his many collaborations with Andrew Lloyd Weber, appearing in not only the 1998 CATS filmed production as Mr. Mistoffelees, but also in the production's recordbreaking performances in both London's West End and on Broadway. He was also the director of last year's award winning SSTI production of Hello, Dolly!

#### THE302: SNEAK PREVIEW OF RAGTIME - SSTI SUMMER THEATER

1 Session | Thursday | Jul 21 | 1-2:30PM | Zoom only



This class will be moderated by SSTI's Founder and Director, BEN WOLFE, longtime SSTI favorite (and Broadway World winner) Director JOE BARROS (Crazy For You, Cabaret), and Choreographer BAKARI JAMAL KING as choreographer.

### THE303: RAGTIME PERFORMANCE & BACKSTAGE PROGRAM

1 Session | Sunday | Jul 31 | 1-4PM | Offsite (Hilton Head)

## **Live Performance**

Jzoom

**Live Performance** 

OLLI members are invited to attend the live theatre performance of Ragtime which includes a backstage educational presentation immediately after the show. You must register with OLLI for this back-stage opportunity and you must purchase your Music Man tickets directly from SSTI to attend Ragtime on July 31, 2022, at 1 pm. Identify yourself as an OLLI member.

*Tickets may be purchased at https://www.summertheatreinstitute.com/ or by calling 866-749-2228.* 

Following the show, OLLI members will meet with Ben Wolfe and SSTI's production team, cast, and crew. There will be a discussion as well as a question-and-answer period so members can understand the unique opportunities SSTI creates for talented individuals from across the U.S. and the production process from A to Z. This class will be moderated by SSTI's Founder and Director, BEN WOLFE, longtime SSTI favorite (and Broadway World winner) Director JOE BARROS (Crazy For You, Cabaret), and Choreographer BAKARI JAMAL KING as choreographer.

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	Thursday	<b>2</b> 8:30 AM-10:30 AM ECO300 Pinckney	<b>9</b> 10:00 AM-12:00 N ECO301 Right Whales	<b>16</b> 11:00 AM-2:30 PM ART301 SCAD 1:00 PM-2:30 PM THE300 Music Man	23 10:00 AM-11:30 AM HME300 Hypertension	ß
	day		Zoom	In Person/Zoom Bluffton	In Person Beaufort In Person HHI	Offsite In Person/Zoom HHI
	Wednesday	1	<b>8</b> 10:00 AM-11:30 AM HIS300 Key West	<b>15</b> 10:00 AM-11:30 AM SCI300 NASA	<b>22</b> 9:30 AM-11:30 AM HIS302 Beaufort Tour 10:00 AM-12:00 N CUL301 Food	<b>29</b> 8:30 AM-10:30 AM ECO302 Cypress 10:00 AM-12:00 N HIS303 Pathfinders
	ау		Offsite	In Person/Zoom HHI Offsite	In Person Beaufort	In Person Beaufort
	Tuesday		<b>7</b> 1:00 PM-3:00 PM LIT300 Pat Conroy	<b>14</b> <b>10:00 AM-12:00 N</b> HIS301 Democracy <b>3:00 PM-4:30 PM</b> CUL300 Sipping	<b>21</b> 1:00 PM-2:30 PM MUS301 Texas	<b>28</b> 10:00 AM-12:30 PM ART302 Drawing 101
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	Thursday		<b>7</b> 10:00 AM-11:30 AM MUS302 Classical 1:00 PM-3:00 PM CUL302 Funeral Food	<b>14</b> 1:00 PM-3:00 PM HIS304 Generals	<b>21</b> 1:00 PM-2:30 PM THE302 Ragtime	<b>28</b> 1:00 PM-3:30 PM FILM300 Paradiso	
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July 2022	Monday		4	<b>11</b> <b>10:00 AM-12:00 N</b> IST300 China	<b>18</b> <b>10:00 AM-12:00 N</b> HME301 Joint Health <b>11:00 AM-1:00 PM</b> CUL303 Cookies	25 9:30 AM-12:00 N COl300 Hurricane	1:00 PM-4:00 PM THE303 Ragtime Live
	S		m	10	17	24	31



# **SUMMER 2022 REGISTRATION FORM** Free Summer Classes for Members

Name	Primary Phone:
Address:	Secondary Phone:
City, ST, Zip:	Email:
Development:	Yes, please text me class reminders and emergency alerts

## Consider A Gift To OLLI

Consider making a tax-deductible gift to OLLI. Every dollar of your donation goes towards helping us serve you better and creating educational and inspiring programs. Your gift directly impacts the strength and sustainability of OLLI at USCB today and on the road ahead.

<b>ANNUAL MEMBERSHIP:</b>		\$40
<b>USCB OLLI DONATION:</b>		\$
SUPPLY/TRIP FEE:		\$
	Grand total: \$	

You will receive a confirmation email when your form has been processed.

How did you hear about us?

\_\_Friend/neighbor \_\_OLLI Mailing \_\_Social media / Newspaper

OLLI Event	
_Other:	

I acknowledge and accept the OLLI Code of Conduct and Refund Policy. (available on page 18)

PAYMENT IN	FORMATION:				
Check #:					
Name as it appe	ears on card:				
Visa	Mastercard	Discover	American Express		
Card number:		Expiration date:	/Security Code:		
Signature:		A	Amount to charge:		

# **OLLI ~ 2022 Summer Schedule Enrollment Sheet**

Name			Phone	?	
In-Person	ART300 Zentangle	In-Person	ECO302 Tour Fee Cypress 15.00	In-Person	HME303 Breast Health
In-Person	ART301 SCAD	In-Person	FILM300 Paradiso	In-Person	LIT300 Pat Conroy
In-Person	ART302 Drawing 101	Zoom	HIS300 Key West	In-Person	IST300 China
In-Person	ART303 Drawing 102	In-Person	HIS301 Democracy	In-Person	MUS300 Appalachian
In-Person	BUS300 Entrepreneur	In-Person	HIS302 Beaufort Tour	In-Person	MUS301 Texas
In-Person	COI300 Hurricane	In-Person	HIS303 Pathfinders	In-Person	MUS302 Classical
In-Person	COM300 Bitcoin	In-Person	HIS304 Generals	In-Person	MUS303 Duke
In-Person	CUL300 Supply Fee Sipping 25.00	Zoom	HIS305 Athena Militant	In-Person	SCI300 NASA
In-Person	CUL301 Supply Fee Food 5.00	In-Person	HIS306 Heirs Property	Zoom	THE300 Music Man
In-Person	CUL302 Supply Fee Funeral Food 25.00	In-Person	HIS307 Trip Fee SCHS 50.00	In-Person	THE301 Music Man Live
In-Person	CUL303 Supply Fee Cookies 15.00	In-Person	HME300 Hypertension	Zoom	THE302 Ragtime
In-Person	ECO300 Tour Fee Pinckney 15.00	In-Person	HME301 Joint Health	In-Person	THE303 Ragtime Live
In-Person	ECO301 Right Whales	In-Person	HME302 5 Wishes		

# **OLLI CODE OF CONDUCT**

OLLI seeks to meet the needs of an engaged learning community and maximize the learning experience for all members. We promote a positive, educational culture. Please respect the rights of instructors and members through active listening and thoughtful discussion, especially if you are not in agreement with others' opinions. Monopolizing discussions, undermining the instructor's credibility, and being disrespectful in words or actions will not be tolerated. I understand it is my responsibility to notify the OLLI office in a timely manner if I am unable to attend a course. If I cancel in less than 72 hours prior to a course/tour, I may not receive a credit or refund for a class fee or supply fee if applicable.

### **IN-PERSON COURSES**

- Raise your hand when you have a question or comment. Blurting out comments or questions can disrupt the class and instructor's presentation.
- Show up for the courses you are registered for.
- Contact an OLLI office if you are unable to attend a course that you have registered for.
- Sign in for all OLLI courses you attend.
- Turn all electronic devices off or place them in vibrate mode when in the classroom.

### ZOOM ETIQUETTE

- Keep your microphone muted throughout the course. Microphones can pick up noises that may disrupt the presentation.
- Use the chat feature to submit questions and comments during the presentation. OLLI staff will moderate questions and comments when the instructor is ready.
- Please be considerate of your surroundings if your camera is on during the presentation.

Failure to follow the OLLI code of conduct can result in the revocation of On-Demand privileges, removal from online or in-person courses, and/or removal from the OLLI program. Sharing Zoom links and On-Demand access is strictly prohibited.

# **REFUND POLICY**

OLLI Memberships are non-refundable. PAYGO members are eligible to receive a \*credit on their OLLI account if they notify OLLI staff that they cannot attend a course.

#### **REFUND OF COURSE SUPPLY/TRIP/TOUR FEES**

For UNLIMITED and PAYGO members, supply fees will not be refunded or credited to your OLLI account if you cancel your class/tour registration less than 72 hours (3 days) prior to the program start date. If you do not cancel and are a "no-show", you forfeit the course fee and applicable supply fee.

### **MEMBERS' FINANCIAL RESPONSIBILITY**

Class and applicable supply fees are due at the time of registration. No-shows (a member who is registered and does not cancel their registration for a course) forfeit their course fee and supply fee if applicable.

\*Credit will be valid on your OLLI account for 1 year.



Osher Lifelong Learning Institute at the University of South Carolina Beaufort Mailing address: 1 University Blvd. Hargray 161 Bluffton, SC 29909 Phone: (843) 208-8247 Email: olli@uscb.edu Follow us on Facebook: www.facebook.com/olliatuscb